

Study program: Integrated Academic Studies in Dental Medicine

Course title: Health Promotion

Teacher: Svetlana T. Kvrgić, Vesna P. Mijatović Jovanović, Snežana N. Ukropina, Sonja LJ. Šušnjević, Sanja V. Harhaji, Sonja I. Čanković, Dušan K. Čanković, Ivana F. Radić

Course status: elective

ECTS Credits: 3

Condition: -

Course aim: To capacitate students in understanding the roll of health and other sectors of the society and their active cooperation in the health promotion process.

Expected outcome: Acquiring skills to work with health and other professionals, groups and individuals in the community in order to implement health promotion.

Content

Theoretical education

Definition and term of health promotion, principles and strategies. Health promotion and health education in strategic documents. Settings for health promotion (WHO health promotion settings approach – "Healthy cities", Healthy school", "Healthy kindergarten"). Population and high risk strategies in the prevention of non-communicable diseases. Behavioural and biological risk factors for non-communicable diseases. Health promotion in prevention of communicable diseases. Behavioural models of health decision-making and behaviours. Health education – definitions, aims, methods and tools. Health promotion and prevention programme structure. Content and organization of work in health promotion centres in Institutes of Public Health. Evaluation of the health promotion programmes.

Practical education

Health education tools and methods, health promotion and prevention programme, action plan, health promotion campaigns.

Literature

Compulsory

- 1. Poland B, Green LW, Rootman I, editors. Settings for health promotion: Linking theory and practice. Thousand Oaks, CA: Sage; 2000.
- 2. Glanz K, Rimer BK, Viswanath K, editors. Health behavior and Health Education. 4h edition. San Francisco, CA: Jossey-Bass A Wiley imprint; 2008.

Number of active classes	Theoretical classes: 15	Practical classes: 30
Teaching methods:		

Student activity assessment (maximum 100 points)				
Pre-exam activities	points	Final exam	Points	
Lectures	5	Written		
Practices	15	Oral	55	
Colloquium				
Essay	25			